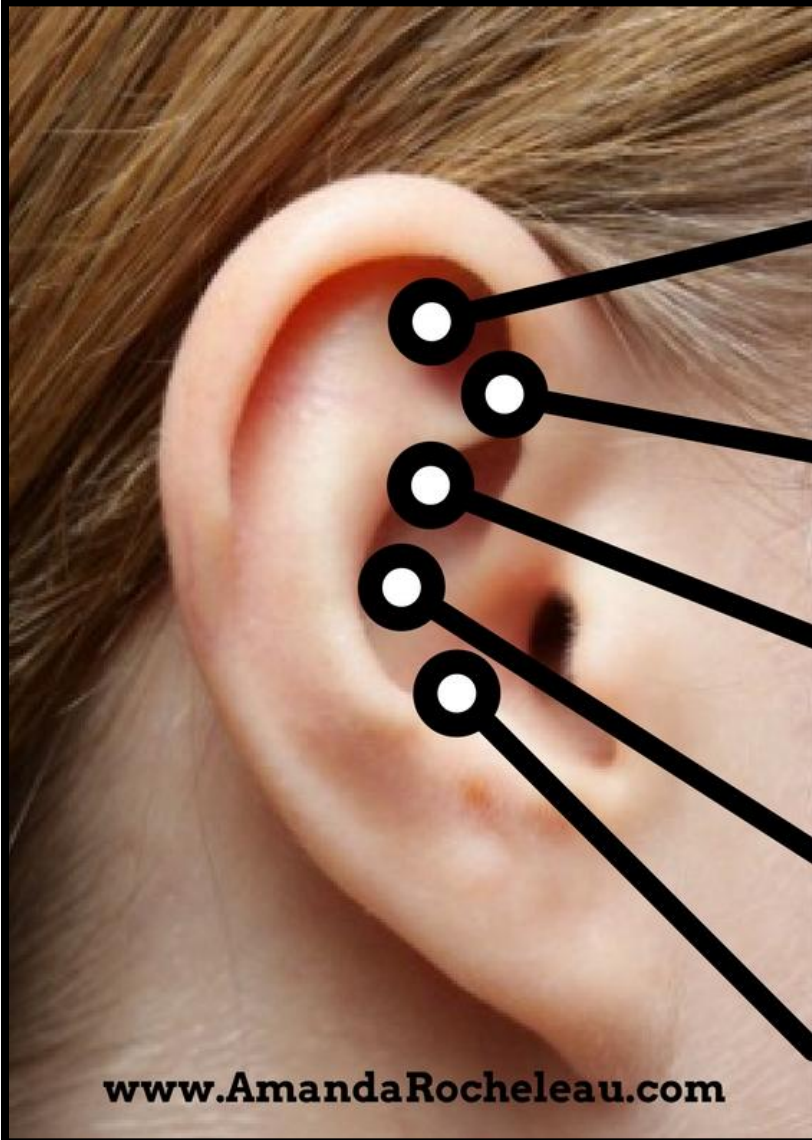




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## Acu-Detox

**Shen Men:** calming, reduces cravings, anxiety and insomnia

**Sympathetic:** relaxes muscles, calms nervous system

**Kidney:** clears blood, reduces fear, provides access to emotional reserves

**Liver:** helps detoxify, reduces anger and depression

**Lung:** helps detoxify, restores joie de vivre

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